

JANUARY, 2025



FATE

NEWSLETTER



FROM ADVENTURE TO EMPLOYMENT

We're excited to share the first updates from our journey with the **FATE Project – From Adventure to Employment**, which officially launched on September 1st, 2024.

Over the next two years, FATE will **empower NEET** young people through adventure education, promoting employability, active citizenship, and the transformative power of experiential learning in natural spaces.



🎉 FIRST STOP: FINLAND

In December, we kicked off our project activities with an engaging Transnational Strategic Meeting (TSM) hosted by HUMAK and Valo-Valmennusyhdistys in Finland.

Youth workers from Valo-Valmennusyhdistys and partner organisations Sfera from North Macedonia and Innovative Generation from Lithuania gathered for four days of training, collaboration, and, of course, a little Finnish magic (think breathtaking forests and saunas, not snowball fights... yet).



WHAT WE LEARNED IN FINLAND

The TSM provided youth workers with:

- 1** Theoretical insights into the principles and key elements of adventure education.
- 2** Hands-on practical experience with adventure activities – because nothing says "teamwork" like building a shelter in the snow.
- 3** A deep dive into ethics, sustainability, and cultural perspectives, ensuring our work is inclusive and impactful.

This foundational training equips youth workers with the knowledge and skills needed to implement adventure education programs in their local contexts, making every hiking trail, forest, or campsite a potential classroom for growth and self-discovery.



WHAT'S NEXT?

The project is only just beginning, but here's what's coming up:

- **Supervision & Support:** NGOs and youth workers can schedule online supervision sessions with HUMAK, with group sessions planned for future TSMs.
- **Evaluation Strategy:** We're developing tools and frameworks to assess the project's impact, gather feedback, and ensure the activities are as effective as they are fun.
- **Adventure Education Activities:** Brace yourselves – we're bringing the outdoors back to life with programs that challenge, inspire, and empower young people across Europe.

WHY ADVENTURE EDUCATION?

Adventure education isn't just about climbing mountains or canoeing down rivers (although we're fans of both). It's about:

- Building leadership, teamwork, and problem-solving skills.
- Boosting self-esteem and readiness for work or study.
- Fostering a connection with nature and improving mental well-being.
- Plus, let's be honest: sitting around a campfire beats sitting in front of a screen any day.



SPECIAL THANKS

A huge thank you to **HUMAK** and all our partner organizations for making this kickoff meeting a success. **And an even bigger shoutout to the Finnish winter for reminding us why layers are important.**

STAY TUNED



As the FATE Project unfolds, we'll be sharing **updates, results, and (hopefully) some hilarious behind-the-scenes moments.** In the meantime, if you'd like to know more about adventure education or get involved, feel free to reach out!

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