

JUNE, 2025

FATE



NEWSLETTER



FROM ADVENTURE TO EMPLOYMENT

The story continues! Welcome to the second edition of our FATE project newsletter

Just little reminder about our project. FATE Project – From Adventure to Employment, was officially launched on September 1st, 2024.

Over the following year, FATE will empower NEET young people through adventure education, promoting employability, active citizenship, and the transformative power of experiential learning in natural spaces.



SECOND STOP: LITHUANIA

From 19 to 23 May, a group of 13 young participants and 7 youth workers from North Macedonia, Finland, and Lithuania gathered for the International Adventure Activities in Perloja, Lithuania, an adventures and unique experience designed to foster personal growth, intercultural exchange, and connection with nature.

Over this week, participants engaged in a variety of outdoor challenges and team-building exercises. These activities were not only physically engaging but rather served as tools for deeper reflection and dialogue. Throughout the programme, young people had the opportunity to:

- Reflect on and rediscover their individual strengths
- Step beyond their comfort zones and explore the role of nature in self-development
- Build lasting friendships across cultures
- Reconnect with their goals related to education and employment

WHAT WE DID IN LITHUANIA

The first day was focused on getting to know each other through introductions activities, ice-breakers, and team-building games, followed by workshops on kayaking and hiking preparation. On the second day, we did a four-hour kayaking challenge along the River Merkys, an empowering experience that pushed many beyond their comfort zones.

The third day featured a group hike to a scenic lake, with teams managing activities, the route, and food. The final day was dedicated to reflection and evaluation, allowing everyone to share their experiences and insights from the week.

Moreover, Inovatyvi Karta / Innovative Generation developed the card game that will be used during the coaching sessions later on, which was tested by the youth workers and the young people on the project, who also provided constructive feedback.



Other project activities that were implemented in the past months:

- VALO started with the implementation of the local outdoor activities with young people
- HUMAK developed evaluation strategy in order to conclude the project impact and gather feedback from the International Adventure Activities.

WHAT'S NEXT?

Here's what's coming up:

- Supervision & Support: NGOs and youth workers can schedule online supervision sessions with HUMAK
- Evaluation Strategy: We're developing tools and frameworks to assess the project's impact, gather feedback, and ensure the activities are as effective as they are fun
- Local adventure education activities: Brace yourselves – we're bringing the outdoors back to life with programs that challenge, inspire, and empower young people across Europe

WHY ADVENTURE EDUCATION?

Adventure education isn't just about climbing mountains or canoeing down rivers (although we're fans of both). It's about:

- Building leadership, teamwork, and problem-solving skills.
- Boosting self-esteem and readiness for work or study.
- Fostering a connection with nature and improving mental well-being.
- Plus, let's be honest: sitting around a campfire beats sitting in front of a screen any day.



SPECIAL THANKS

A huge thank you to **Inovatyvi karta/ Innovative Generation** for organizing this adventure education week, and all our partner organizations for making this experience a success. And an even bigger shoutout to the Lithuania for good weather and beautiful nature.

STAY TUNED



As the FATE Project unfolds, we'll be sharing **updates, results, and (hopefully) some hilarious behind-the-scenes moments.** In the meantime, if you'd like to know more about adventure education or get involved, feel free to reach out!

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