



Co-funded by  
the European Union

# ETSpert



ETSpert: Level Up Your Youth Work Competence

## Training Course

LITHUANIA, TRAKAI  
7-14 APRIL 2024



# Dates and venue

Online Kick-off  
26 March 2024

Arrival day  
7 April 2024

Departure day  
14 April 2024

Evaluation online call  
16 May 2024

Venue is located in Trakai, Lithuania

[Apply here](#)



# Aim and Objectives

The aim is to empower youth workers to assess and enhance their competence based on the ETS Competence Model for Youth Workers to Work Internationally.

The objectives:

- Explore and Deepen Understanding of ETS Competence Model for Youth Workers to Work Internationally.
- Provide opportunities for participants to assess their skills and identify areas for growth
- Deepen the knowledge in chosen competence areas and equip yourself with practical tools and techniques to use in international youth work
- Enable participants to apply ETS Competence Model for Youth Workers to Work Internationally in planning and leading youth activities

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## Methodology

The Training Course is built on the foundation of non-formal educational principles. The program is experiential and based on a holistic approach, putting emphasis on self-directed learning and practice in the field.

# PROGRAMME

Programme of the Training Course "ETSpert: level up your youth work competence"								
	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Time/ Dates	April 7	April 8	April 9	April 10	April 11	April 12	April 13	April 14
10:00- 13:00	Arrival	Introduction to the training Group dynamics	Morning Check in Non- violent communication in youthwork	Morning Check in Questioning and Listening: coaching techniques	Morning Check in Experience sharing from youthwork practice	Let's put the it in practice: fieldwork	Planning next steps	Departure
15:00- 19:00		Self- assesment using ETS Competence model Learning Support Groups	ETS Competence Quest Learning Support Groups Level up	ETS Competence Quest Learning Support Groups Level up	Preparation for the practical part		Final Evaluation	
21:00	Welcome evening	The QUING of royal village	Self-organised evening	Self-organised evening	Self-organised evening	Sauna time	ETSpert awards	

\*there might be small changes in time and sessions. You will be informed about any changes during the training



# Who can participate?

- You have to be 18+
- Youth workers, trainers, facilitators or youth leaders
- Active in the youth work field and are ready to use what is learnt during ETSpert training in everyday work,
- Are able to use English as a working language,
- Can take part in the full duration of the programme (including the online kick-off meeting and evaluation meeting after the project),
- From countries EU Member States and third countries associated to the Programme as well as countries not associated to the programme from the Western Balkans (Region 1) and Neighbourhood East (Region 2).

!!!! If you want to take part and you are not from partners countries, you still have a chance to come by self-funding your trip and learning experience! Please read further !!!!!

# Financial costs

Training Course "ETSpert" is co-funded by European Union programme Erasmus+.

Expenses of the travel, accommodation, food and working materials will be funded 100% by the Erasmus+ programme funds for selected participants.

Travel expenses are compensated according to 2023 Erasmus Plus Program guide (page 165 ).It is calculated according to the distance calculator

After you are selected, we will ask you to arrange your trip.

Before purchasing any tickets you **MUST** get approval by e-mail [info@innovativegeneration.eu](mailto:info@innovativegeneration.eu)

What's important?

- We will prioritize green travel (if possible, by land transportation)
- Time of the arrival: we will organise a group pick up from central bus station of Vilnius in the evening of the 7th April (time TBC).

Tickets bought without our approval might not be reimbursed.

A collage of travel-related items including a laptop, a camera, a passport, and a map. The items are arranged on a light-colored surface, possibly a desk or table. The map is a detailed road map with various routes and locations marked. The passport is a dark blue one from the United States of America. The camera is a silver and black DSLR. The laptop is a silver one. The background of the slide is a light purple color with a decorative graphic of curved lines on the right side.

# REIMBURSEMENT OF THE TRAVEL COSTS

If you travel by plane:

- BOARDING PASS is a must
- Confirmation of the bought tickets usually received by email (showing the price paid)
- Bank payment copy for the tickets or receipt if you paid by cash

If you travel by bus or train:

- Ticket
- Confirmation of the bought tickets (showing the price paid)
- Bank payment copy for the tickets or receipt if you paid by cash

# Financial costs

FOR SELF-FUNDED PARTICIPANTS  
(10 additional places)

If you want to take part as well but you are coming from other than partners countries or all funded places are taken, we give you a possibility for a self-funding.

Participation fee is €375

*The participation fee covers the cost of the training, accommodation and meals during the whole duration of the program.*

*You will need to arrange your trip by yourself.*

*Time of the arrival: we will organise a group pick up in the evening of arrival day from central bus station of Vilnius.*

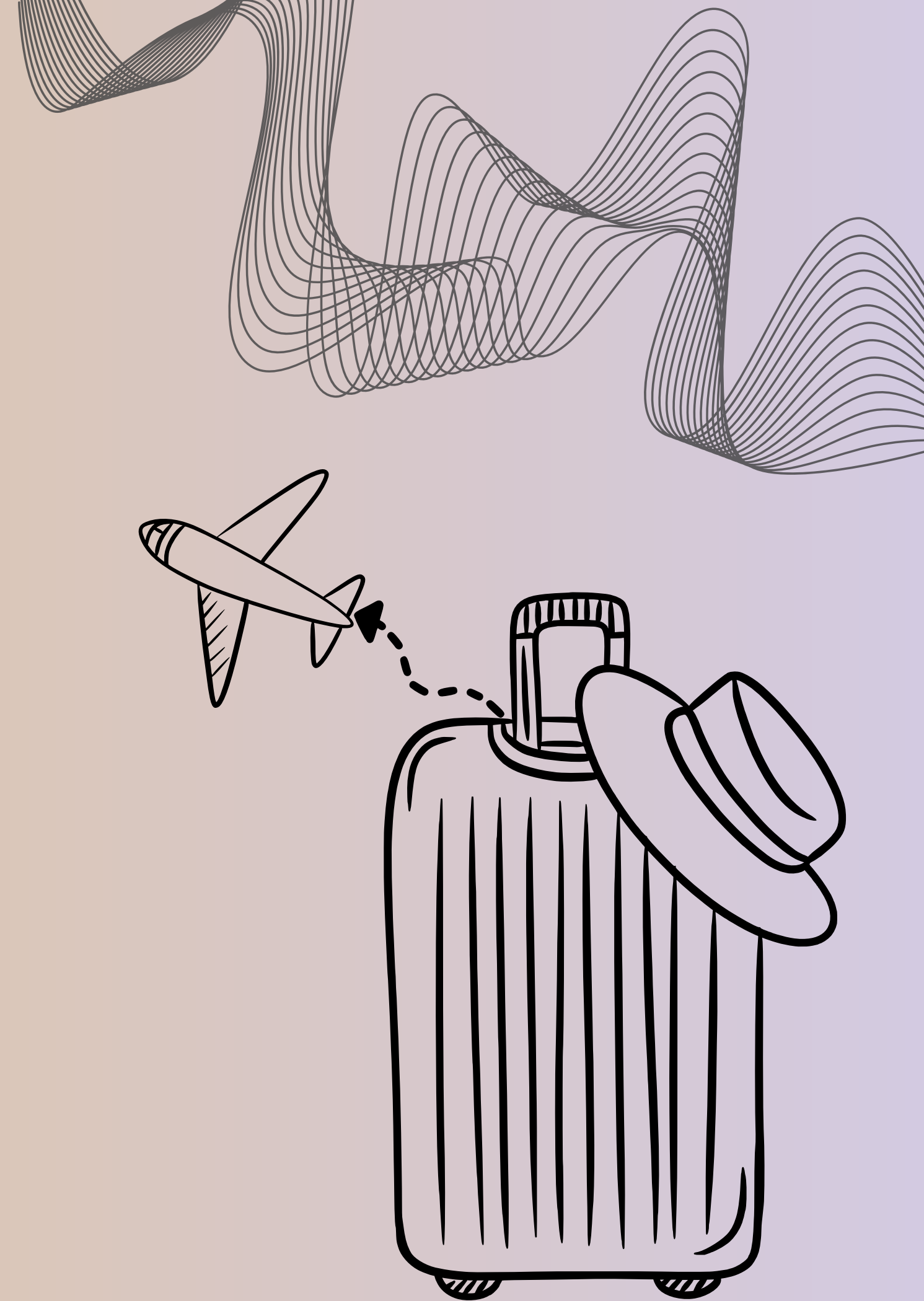
To reserve your place in the training you'll need to:

1. Apply for this training
2. Receive a confirmation letter of your participation
3. Pay the participation fee.



# What to bring

- Water Bottle
- Slippers and/or shoes only for inside use!
- Comfortable Pants
- Comfortable Shirt
- Warm clothes for outside
- Swimming suit for sauna night
- Board games if you want
- Any tools you want to share with others



# How to arrive?

- You can come to Vilnius or Kaunas (biggest cities of Lithuania).
- We encourage to use the most green traveling option thus if possible, you will be encouraged to come by bus or train.
- We will organize a group pick-up from the city center of Vilnius in the evening of the Arrival day (April 7) (Time will be confirmed after participants will purchase the tickets)
- Please note that travel to the project venue and back will be organised by organisers & the costs for this trip will be covered by the participants from the travel costs budget.



# Project venue

- Few kilometers from the city of Trakai
- 2-3 people per room (you will find towels, hairdryer, bathroom in each room)
- Working spaces
- Sauna
- 3 main meals and 2 coffee breaks a day (please inform us about any special needs regarding the food!)
- Keep in mind that there is no shop nearby



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<https://www.lavillaroyale.lt>

# Meet the trainers



**Raminta Rusovičiūtė**  
Trainer & Coach

AdvDipCoach/Cognitive Behavioral and Solution Focused Coach, Freelance Trainer and Learning facilitator, part of Trainers' pool in Lithuanian National Agency. CEO of NGO Innovative Generation.

Please find more in my LinkedIn profile  
<https://www.linkedin.com/in/ramintarusoviciute/>



**Gvantsa Mezvrishvili**  
Trainer & Facilitator

Trainer with more than 14 years of experience in direction of personal development, experiential learning and youth work. member of PoT for international youth work. Awarded as best youth worker 2021. Founder of Creative Youth Platform [www.cypyouth.com](http://www.cypyouth.com)  
Founder of Addo Academy

Please find more information in  
LinkedIn profile:  
<https://www.linkedin.com/in/gvantsamezvrishvili-a7222360/>



**Vytautas Sliuburys**  
Trainer & Facilitator

trainer in non-formal education with a focus on movement, mindfulness, outdoor education and non-violent communication.

Please find more information in LinkedIn profile:  
<https://www.linkedin.com/in/vytautas-sliuburys-490ba7288>

# Meet the team



**Gregorio Nuti**  
Media

Please find more information in my LinkedIn profile:  
<https://www.linkedin.com/in/gregorionuti>



**Marco Baldascino**  
Logistics

Please find more information in LinkedIn profile:  
<https://www.linkedin.com/in/marco-baldascino>



**Larisa Ursu**  
Social Media and Content  
creation

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utm\\_source=share&utm\\_campaign=share\\_via&utm\\_conte  
nt=profile&utm\\_medium=ios\\_app](https://www.linkedin.com/in/larisa-ursu-98b51b182?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=ios_app)

# Partners of the project



INOVATYVI KARTA  
INNOVATIVE GENERATION

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[Apply Here: https://forms.gle/LNpIsfoYWVF6d3G2A](https://forms.gle/LNpIsfoYWVF6d3G2A)

Any doubts, please contact us by [info@innovativegeneration.eu](mailto:info@innovativegeneration.eu)

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